

Does this
little chick...



Baby chicks are 'sexed' and the males destroyed



Once hatched, inside industrial incubators, chicks go through an automated processing system. Male chicks, considered useless because they cannot lay eggs and are too scrawny a type of chicken for meat, are gassed or shredded alive in giant mincing machines. Females are selected to be reared for egg production.

...deserve better?

Battery Cages

- More than half of all UK egg-laying hens are kept in battery cages.
- With four or five in a cage, each bird has an area less than an A4 sheet of paper. They can barely move, let alone stretch their wings.
- To prevent the stressed birds from harming one another, the ends of their beaks are sliced off using a red-hot iron. This practice is prohibited only under organic standards.



Battery' chickens

Barn Eggs

- Hens kept in barns are still confined to dirty, overcrowded sheds. They never see daylight, behave naturally or breathe fresh air.



Freedom Food

- The RSPCA's Freedom Food scheme can only ever have a marginal impact on bird welfare. Animals may still be kept permanently indoors in factory farm conditions.



The barn system



Organic

- Organic farming is not a cruelty-free option. Hens can still be housed in groups of up to 9,000 and denied access to the outside for two-thirds of their lives.

Slaughter

- All egg-laying hens end their short lives with a traumatic journey to a killing factory.
- At around 72 weeks old they are no longer able to produce the amount of eggs required. Considered worthless, they are killed and their worn-out bodies go into cheap meat products such as soups, pies and baby food.

Free-range

- On free-range farms, thousands of hens can be packed into huge sheds with many unable to reach the pop holes that allow them to exit and re-enter.
- Because free-range birds are essentially the same highly-bred strains as those raised more intensively, those who do get outside struggle to cope with pathogens and weather conditions. As a result, free-range birds suffer a high mortality rate.

Chickens who perished in their shed



Please help to STOP animal suffering...

Whether destined for a shredding machine, gas chamber, battery cage or barn, chicks go from shell to hell.

The only cruelty-free option is **NOT** to eat eggs



Eggs and Health

- There are no nutrients in eggs that cannot be obtained from plant-based foods.
- Eggs contain high amounts of cholesterol and saturated fat – two of the main causes of heart disease, diabetes and some cancers.
- Research also indicates that eggs can inhibit the absorption of iron and contribute to loss of calcium.

Yes, I want to help **STOP** animal suffering

- Please send me a **FREE** egg-free recipe pack
- I enclose a donation of: £ (cheque payable to Animal Aid)

Please return this form to Animal Aid at:
The Old Chapel, Bradford Street,
Tonbridge, Kent, TN9 1AW.

- Tel: 01732 364546
- info@animalaid.org.uk
- www.animalaid.org.uk



Name:

Address:

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Postcode:

Email:

Animal Aid exposes and campaigns peacefully against all animal abuse, and promotes a cruelty-free lifestyle

- Please tick this box if you would prefer **NOT** to receive information from like-minded organisations